



Natural Beginnings™ Seed Starting Mix

Get a good start on vegetable, flower and herb seeds.

- Helps seeds germinate faster
- Promotes stronger seedlings
- Easier to moisten than other mixes
- Soil-less and reusable

Natural Beginnings, our outstanding soil-less growing medium, can be used for all indoor seed starting. Use Natural Beginnings when transplanting large, fast-growing plants like tomatoes to larger plots. They'll develop good, strong root systems, which prepare them well for the "shock" of transplanting to the garden.

Directions for use

Moisten Natural Beginnings Seed Starting Mix prior to use, in all applications. It will increase in volume 50-75% when water is added. The mixture should be moist enough so that it holds shape when squeezed in hand, but not so moist as to release any water.

Seed starting:

- Place mix in seed starting trays or containers.
- Add seeds to mix. Follow instructions on seed packet for depth and spacing.
- Add a layer of mix over exposed seed.
- Add fertilizer 4 weeks after planting seed.
- To increase success, keep seeds/seedlings covered with a transparent dome or similar product, and heat the seed starting container from the bottom (heat mat).

Transplanting:

- Place mix into appropriate container (individual transplant cells or pots).
- Add seedlings to container and add additional seed mix to ensure roots are covered and the seedling is well supported. Follow instructions on seed packet or plant tag.
- Water as necessary.
- Add fertilizer as necessary.

Potted Plants/Houseplants:

- Mix seed starting mix with topsoil at a 50:50 ratio.
- Add fertilizer as necessary.

You can reuse the seed starting mix for further plantings if you sterilize the mix prior to additional use. Used seed starting mix can also be a valuable addition to your compost pile.

Ingredients

Coir, perlite, worm castings, mealworm guano

**Net Content: 16 quarts
#1308**

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